



Flow Natural Health Care
11630 SE 40th Ave. Suite C
Milwaukie OR 97222
503.974.9283

Understanding Your Insurance Plan

Patient Name: _____ DOB: _____

Insurance Company: _____ ID#: _____ Group #: _____

Marsha Hamilton, ND is a preferred provider with many insurance companies. However, naturopathic coverage can be very plan dependent. It is up to you, the patient/guardian, to determine insurance benefits, eligibility and coverage.

This worksheet is to assist you in understanding your benefits and coverage. You can use this form as a guide when speaking with your insurance representative and please bring the completed form to your visit.

Below is Dr. Hamilton's information you will need when calling your insurance representative:

Dr. Marsha Hamilton/Flow Natural Health Care
NPI#: 1104068162
11630 SE 40th, Ave. Suite C
Milwaukie, OR 97222
503-974-9283

* Call the customer service number on your insurance card.

Name of representative: _____

Date & Time of call: _____

Reference # for this call: _____

Here are our recommended questions to ask the representative:

1. Do I have naturopathic coverage? YES NO

If No, do I have out-of-network coverage for Dr. Hamilton? YES NO

If I do have out-of-network benefits, what is my coverage? _____

2. Beginning date of coverage: _____ Ending date of coverage: _____.



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3. Is Dr. Hamilton In-Network or a preferred provider in my insurance plan? YES NO
4. Do I need a referral from my PCP for naturopathic services? YES NO
5. Do I have a copay: \$_____ or Coinsurance: _____%
6. Do I have a deductible? YES NO.
Deductible: \$_____
How much has been met? \$_____
Does the deductible apply to office visits? YES NO
7. Do I have a maximum number of visits per year? YES NO
If yes, how many per year? _____
8. Is there a maximum \$ benefit per year? YES NO
If yes, how much: \$_____
9. Is lab work covered in my plan? YES NO
If yes, what is the coverage? _____%
Does the deductible apply to lab work? YES NO
10. Are these labs in-network on my plan?
Quest Diagnostics: YES NO
Providence: YES NO

***** Please note that the information you gather is not a guarantee of payment. If an insurance company gives you inaccurate information they may not honor the benefits quoted.**